



PHILMONT

CONTINGENT

ADULT RESERVATION APPLICATION

JULY 2011

NAME _____ PHONE # H () _____ B () _____

ADDRESS _____ E-MAIL _____

CITY _____ STATE _____ ZIP _____ BIRTHDATE* _____

CURRENTLY REGISTERED AS _____ UNIT # _____ DISTRICT _____

T-shirt size _____

ALL FEES ARE NON-REFUNDABLE

***COMPLETE BIRTHDATE NEEDED FOR PERMITS**

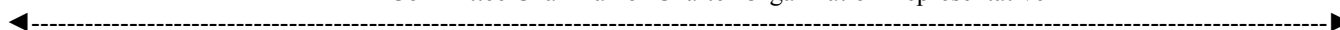
A leader participating in a high adventure contingent is expected to:

1. Give leadership to the 2011 Concho Valley Council Philmont Contingent. Conduct one parents' orientation meeting and two shake-down training's prior to departure as scheduled.
2. Cooperate fully with the Council Staff Advisor and utilize the services provided for promotion, displays, narration, etc. Work in close cooperation with the District Camping and Outdoor Promotion chairman in contacting all boys, and report findings to the Council Committee.
3. Meet Philmont's height/weight guidelines and submit a High Adventure Health & Medical Record Form, completed and certified by a physician.
4. Obtain American Red Cross Standard First Aid training and CPR Certification or equivalent certification when required by the high adventure base.
5. I understand that the Council reserves the right to reject this application at any time for physical or other reasons.

DATE _____ Signed _____

UNIT APPROVAL _____

Committee Chairman or Charter Organization Representative



QUALIFICATIONS

1. At least 21 years of age
2. Registered with BSA
3. Good physical health and meets Philmont height/weight guidelines
4. Able to withstand hiking and high altitudes

NOTE: State leader experience in detail on reverse side; position, period of time, training records, etc.

APPROVED BY: Council Camping Committee _____ DATE _____

PAYMENT SCHEDULE

COST

SEND PAYMENTS TO:

Registration Fee (due with application)	\$100
Due June 1 st , 2010	\$150
Due August 1 st , 2010	\$150
Due September 1 st , 2010	\$150
Due November 1 st , 2010	\$150
Due January 1 st , 2011	\$150
Due March 1 st , 2011	\$150
TOTAL	\$1000

Concho Valley Council, BSA
 Philmont Contingent 2011
 PO Box 1584
 San Angelo, TX 76902

ALL FEES ARE NON-REFUNDABLE

RISK ADVISORY - PHILMONT SCOUT RANCH

Philmont has an excellent health and safety record with over 880,000 adults and young people having attended since 1938. Philmont strives to minimize risks to participants and advisors by emphasizing proper safety precautions. Most participants in Philmont programs do not experience injuries because they are prepared, are conscious of risks, and take safety precautions. If you decide to attend Philmont, you should be physically fit, have proper clothing and equipment, be willing to follow instructions and work as a team with your crew and take responsibility for your own health and safety. For further information please thoroughly read the *Guidebook to Adventure*. Like other wilderness areas, Philmont is not risk free and you should be prepared to listen to safety instructions carefully, follow directions and take appropriate steps to safeguard yourself and others.

Parents, guardians and potential participants in Philmont programs are advised that journeying to and from Philmont, and one's stay at Philmont, can involve exposure to accident, illness, and/or injury associated with a high elevation, physically demanding, high adventure program in a remote mountainous area. Campers may be exposed to occasional severe weather conditions such as lightning, hail, flash floods and heat. Other potential problems include: injuries from tripping and falling, motor vehicle accidents, worsening of underlying medical conditions such as diabetes or asthma, heart attacks, heat exhaustion and falls from horses.

Philmont's trails are steep and rocky. Wild animals such as bears, rattlesnakes and mountain lions are native and usually present little danger if proper precautions are taken. Please refer to the *Guidebook to Adventure*, speak with previous Philmont participants, or call Philmont for further information concerning risks and measures which can be taken to avoid accidents. Philmont has staff trained in first aid, CPR and accident prevention, and is prepared to assist in recognizing, reacting, and responding to accidents, injuries and illnesses. Each crew is also required to have at least one member trained in wilderness first aid and CPR. Medical and search and rescue services are provided by Philmont in response to an accident or emergency. However, response times can be affected by location, weather or other emergencies and could be delayed six (6) or more hours.

PHILMONT WEIGHT LIMITS FOR BACKPACKING AND HIKING

Each participant in a Philmont trek must not exceed the maximum acceptable limit in the weight for height chart shown below. The right hand column shows the maximum acceptable weight for a person's height in order to participate in a Philmont trek. Those who fall within the limits are more likely to have an enjoyable trek and avoid incurring health risks. Every Philmont trek involves hiking with a 35-50 lb. backpack between 6,500 and 12,500 ft. elevations. Philmont recommends that participants carry a pack weighing no more than 25-30% of their body weight.

Participants 21 years and older who exceed the maximum acceptable weight limit for their height at the Philmont medical recheck WILL NOT be permitted to backpack or hike at Philmont. For example, a person 70 inches tall cannot weigh more than 226 lbs. All heights and weights will be measured in stocking feet.

For participants under 21 years of age who exceed the maximum acceptable weight for height, the Philmont physicians will use their best professional judgment in determining participation in a Philmont trek. Participants under 21 years of age are strongly encouraged to meet the weight limit for their height. Exceptions are not made automatically and discussion in advance with Philmont is required regarding any exception to the weight limit for persons under 21 years of age, whether it is over or under. Philmont will consider up to 20 lbs. over the maximum acceptable as stated on the chart, however, the exception will never exceed 295 lbs. Philmont's phone number is 575-376-2281.

The maximum weight for any participant in a Cavalcade Trek and for horse rides is 200 lbs. **Under no circumstances will any individual weighing more than 295 pounds be permitted to participate in backcountry programs.** This requirement is necessary because of limitations of rescue equipment and for safety of search and rescue personnel.

Individuals who do not meet Philmont's weight for height requirements will not be allowed on the trail and will be sent home.

Height (inches)	Recommended Weight (lbs)	Allowable Exception	Maximum Acceptable
60	97 - 138	139-166	166
61	101-143	144-172	172
62	104-148	149-178	178
63	107-152	153-183	183
64	111-157	158-189	189
65	114-162	163-195	195
66	118-167	168-201	201
67	121-172	173-207	207
68	125-178	179-214	214
69	129-185	186-220	220

Height (inches)	Recommended Weight (lbs)	Allowable Exception	Maximum Acceptable
70	132-188	189-226	226
71	136-194	195-233	233
72	140-199	200-239	239
73	144-205	206-246	246
74	148-210	211-252	252
75	152-216	217-260	260
76	156-222	223-267	267
77	160-228	229-274	274
78	164-234	235-281	281
79 & over	170-240	241-295	295

This table is based on the revised Dietary Guidelines for Americans from the U.S. Dept. of Agriculture and the Dept. of Health & Human Services.